



CAMP ROBIN HOOD

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ANAPHYLAXIS PROTOCOL

At **Camp Robin Hood (CRH)**, we are committed to ensuring that all campers and staff with **anaphylactic allergies** can safely participate in our camp environment. Please review this policy and discuss it with your camper so we can work together to maintain a **safe & inclusive** experience for everyone.

If you have any questions, please do not hesitate to contact the camp office at **416-736-4443** or e-mail us at health@camprobinhood.ca

A. Nut & Allergy Aware Camp

We aim to be a “**nut aware**” camp, though we acknowledge that we cannot eliminate all risks as we cannot be sure of 100% compliance by every participant, despite best efforts by everyone.

- We **educate families** about allergies in our camp literature and throughout the summer.
 - Families are encouraged to **read labels carefully** and only send nut-free food and personal care items.
 - We work closely with suppliers to **research and serve nut-aware products** at camp.
 - Our **food ingredient list** will be posted on our website before the start of camp.
 - We maintain a **strict No Food Sharing policy** to prevent cross-contact.
 - **Staff actively supervise** all meals and snacks.
 - If a **nut product is sent to camp**, it will be packed away, and families will be contacted with a reminder of our policy.
 - If food containing **other known allergens** is sent, the camper will sit beside peers without the allergy and **wash hands after eating**.
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B. Epinephrine Auto-Injectors (EAI)

Campers with anaphylactic allergies **must have at least two (2) EAIs at camp:**

1. The **first EAI** must be **carried by the camper** in a CRH fanny pack or personal carrying case.
2. The **second EAI** (**‘the spare’**) should be:
 - **Given to the bus counselor** or staff at drop-off on the camper’s first day.
 - **Stored in Robin Aid**, our **camp Health Centre**, for emergency use.

***All EAIs must:** have the original pharmacy label attached and have an expiry date beyond the camp session.



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C. Fanny Pack or Carrying Case

All campers with anaphylaxis **must** carry their own EAI(s) in a CRH fanny pack or a personal carrying case **at all times**. **Fanny Pack Options:**

- If using a **CRH fanny pack**, indicate this on the **dietary form**. On your camper's first day, please send your camper with their EAI in the front pocket of their backpack and the unit head will transfer the camper's EAI into a new CRH fanny pack.
- If using a **personal carrying case**, ensure the camper **wears it upon arrival to camp**.

A **name tag** will be attached to the fanny pack on Day 1—please keep it on for **easy identification in emergencies**.

D. Anaphylactic Alert Posters

Each camper with an anaphylaxis allergy must have a completed **Anaphylactic Alert Poster**. Prior to the summer, this poster is e-mailed out to families. We ask that caregivers complete the poster with a photo of the camper and upload it to the registration portal or by sending it via e-mail to health@camprobinhood.ca.

E. Allergy Safety During Camp Activities

Swim & Canoe

- EAIs will be **hung on a designated hook** during water activities.
- Campers and counselors are responsible for ensuring the EAI is placed and retrieved.

Snacks, Cooking & Crafts

- Complete the **Dietary Form** (in the Registration Portal) as early as possible so we can plan accordingly.
 - Camp provides **daily snacks, juice, Friday pizza, and occasional special snacks**.
 - Ingredient lists will be posted **HERE** and on our website.
 - If your camper is allergic to specific foods, the **Division Head will contact you before camp** to discuss substitutes.
 - If sending allergy-safe food as substitutes, we ask that you: Clearly **label** all food with: Camper's first & last name, Unit name and When the food is needed (e.g., "For s'mores night"). Food should be **handed to the bus counselor** or staff at drop-off.
 - **Known allergens** (e.g., acorns, eggshells, nuts) **will not be used** in crafts.
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F. Bus Procedures



Bus Riders:

- Campers **must wear** their EAI fanny pack before boarding.
- Bus counselors **will check** for EAI's before departure.
- If the camper forgets their EAI, the **spare will be used**, and families will be notified.



Driving to Camp:

- At drop-off, **show staff** the EAI in the fanny pack/case. If forgotten, the **spare will be used**.
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G. Lost or Misplaced EAI

- If an EAI is misplaced, staff will **search immediately**.
 - If not found quickly, the **spare EAI will be used**, and families will be contacted.
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H. Medication Policy

Only **EAI's, asthma puffers & Lactaid pills** may be carried by campers. All other medications must be:

- **Accompanied by the Sending Medication to Camp form** (access [HERE](#)).
 - **Prescription meds** must be in the **original pharmacy bottle** with a **label attached**.
 - **Over-the-counter meds** must be in the **original packaging**.
 - **Handed to the bus counselor** or staff at drop-off for direct delivery to **Robin Aid**.
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I. Benadryl & Antihistamines

- **We do not use Benadryl® or similar antihistamines** to treat anaphylaxis.
 - In case of an allergic reaction, we will **administer epinephrine immediately**.
 - **Newer antihistamines (Reactine®, Claritin®, Alerius®)** may be used **after** epinephrine to relieve symptoms like hives.
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J. Communication with Families

- **Before each session**, allergy information letters will be emailed to families whose camper(s) share a cabin or bus with a child with an anaphylactic allergy.
- These letters will indicate the **types of allergies** present (without identifying specific campers).

Bev Unger, RN
Director of Health & Wellness, Camp Robin Hood
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